

HNHCP Newsletter December 2025

Introduction

Welcome to the newsletter from the HNHCP. The group was formed in December 2014 to support nurses and other healthcare professionals through the rapidly evolving landscape of haematology and enable them to deliver optimal care to patients and support their families. In this newsletter we wish to give you an update on our activities and a report from our educational conference held in Zurich at the start of November.

Educational resources

Haemoglobinopathies Educational Resources

Education is an important aspect of our activities, and we are pleased to announce the launch of the second edition of the educational resource and an online learning programme on Haemoglobinopathies. The educational resource is available in English and has been translated into German, French, Italian and Spanish. Hard copies are available by emailing hnhcp@hemcare.org or the resource can be downloaded from our website at www.hemcare.org.

Haematology Nurses & Healthcare Professionals Group
The online learning programmes will be available in early 2026 at
https://hcplearning.co.uk or you can link to it via our website www.hemcare.org. This
programme will complement the HNHCP educational resource on Haemoglobinopathies

The programme has the same format as the educational resource and includes further reading and support materials. At the end of each module there is a small multiple choice question paper and on completion a certificate will be available.



CAR T Therapy Education Resource & Online Programme 2nd edition

We are now pleased to announce the launch of the second edition of the educational resource and an online learning programme on CAR T Therapy. The resource is available in English and has been translated into German with French, Italian and Spanish translations to follow. Hard copies are available by emailing hnhcp@hemcare.org or the resource can be downloaded from our website at www.hemcare.org.

The online learning programmes are available at https://hcplearning.co.uk or you can link to it via our website www.hemcare.org. The programme will complement the HNHCP educational resource on ITP & Myeloma.

The programme has the same format as the educational resource and includes further reading and support materials. At the end of each module there is a small multiple choice question paper and on completion a certificate will be available.

Similar resources are also available BiSpecific Antibody Therapy, Chronic Leukaemia, Acute Leukaemias and Lymphoma, ITP & Myeloma.

Haematology Nurses & Healthcare Professionals Group

Our 10th HNHCP Educational conference will be held at the University Hospital Zürich on 8th & 9th November 2026 – we look forward to seeing you there. The meeting will be a Hybrid event. Further details and registration will be available at www.hemcare.org



Facebook & Twitter

Please like our Facebook page – Haematology HNHCP – or follow us on Twitter @hnhcp to keep up to date with news and activities within the group.

EHA/EBMT CAR T Meeting Palma de Mallorca 2026

We will be attending the CAR T Meeting in Palma de Mallorca on February 12th – 14th and please come at say hello if you are there. We are also delighted to be working with EBMT, EHA and the patient advocacy groups at this meeting.

EHA 2026 Stockholm

We are planning to attend EHA in Milan on June 11th -14th. Please come at meet us at our stand if you are there.

18- ICML Lugano June 2025

We were pleased and honoured to be part of the first nursing session at the ICML meeting in Lugano on Friday 20th June organised in collaboration with the Swiss Oncology Nursing Society, European Oncology Nursing society, HNHCP and the European Society for Paediatric Oncology Nursing group. This was an opportunity to learn more and collaborate with the wider lymphoma community.

$Educational\ Conference-Friday\ 7^{th}-Saturday\ 8^{th}\ November\ 2025$

The 9th Haematology Nurses & Healthcare Professionals Group Educational Conference was held on Friday 7th & Saturday 8th November in the University Hospital Zürich, Switzerland.



The aim of the conference is to provide specialist nursing education and updates and help to promote the field of haematology nursing. This will help nurses and the other Healthcare Professionals in improving the care for patients with a malignant and non-malignant haematological disease. We are very grateful to the administration and staff of the University Hospital for their support and assistance in hosting the meeting.

The Educational Conference has demonstrated that it is extremely important to expand knowledge among nurses and other allied healthcare professionals. Accessibility is for as many healthcare professionals as possible is important to us so there was simultaneous translation into German and was held as a Hybrid event.

On Friday after a welcoming address by our president Erik Aerts and Prof Manz on behalf of the hospital our first session look was a series of talk on acute leukaemia with Prof. Manz delivering a medical update on AML looking at diagnosis, incidence, biology and treatment. Geke Ong from King's College Hospital in London followed this with telling us of the main concerns reported by AML patients telling us of their 4 main concerns and ways to manage them – preparing for the best but being ready for the worst. We were then privileged to hear from Sophie Dalbäck from Sweden who has survived AML and a bone marrow transplant and gone on to be crowned the winner of Sweden's Great Bake-off. The morning concluded with Eva Jans from Rotterdam delivering a talk on the nursing management of emergencies in AML patients. The take home message from this session was that together, via research and care we are able to always reduce symptoms and suffering, frequently prolong lifetime with good Quality of life and more and more often achieve durable cure.



After lunch, there was a GlaxoSmithKline sponsored symposium on Myeloma – looking at optimizing outcomes on MM an interdisciplinary perspective with Dr. Rouven Müller & Laila Larsson from the University Hospital talking on recent advances in MM and patient monitoring and management.

The first afternoon session was on shared decision making starting with Silene ten Seldam (Myeloma Patients Europe - MPE) talking on the most important factors in shared decision making and the barriers. Prof. Andreas Wicki then spoke of patient involvement in research – how to involve patients and maximise the benefits. Finally, Rosmarie Pfau gave is the patient & patient organisation perspective on shared decision making.

This session ended with the presentation of the 2nd HNHCP Special recognition award to Rosmarie in recognition of her vision, drive, and resolute dedication to improving the lives of those affected by lymphomawho has been instrumental in advocating for patients and nurses and has been a supporter of the HNHCP and has helped us develop our educational resources. Rosmarie Pfau is the founder and president of Lymphome.ch and a lymphoma survivor. Since 2001, she has supported patients with lymphoma and CLL, combining personal courage with scientific understanding and compassionate advocacy.

The final session of the afternoon looked at some of the complications of treatment OUO starting Monika Kirsch from Karlsruhe in Germany speaking on pain management, types of pain and why it occurs. Prof. Christian Matter from Zürich then spoke of cardiotoxicity post treatment looking at case studies and informing us of the guidelines for risk stratification and management of this complication. The final presentation of the day was on the nurse's role in the management of nausea by Simone Karim Abdel Gawad looking at assessment and management tools with an introduction to pharmacological and non-pharmacological tools that can be implemented.



On Saturday we started the day with a session on CAR T Therapy with Dr. Stefanie Kreutmair presenting on CAR T therapy the how and the with updates on products and novel approaches in treatment. Then Martina Spalt a nurse consultant from Vienna spoke on the nursing challenges and how digital tools that assist in management of patients. We were then honoured to hear from Manuel Schibli a CAR T recipient who spoke of his experience. The morning ended with Dr. Jaap van Doesum from Groningen looking at BiSpecific Antibody therapy and where it fits in the treatment of patients currently.

The session ended with the 2nd edition of the CAR T learning resource launched by Erik & Martina.

After coffee we had a session on Sickel Cell disease starting with Update on pathophysiology & treatment with Prof De Franceschi from Verona and Nowell Ngwenya from Dublin speaking on the nursing challenges particularly the lack of educational resources for nurses and the lack of specialist nurses. Finally, Lora Ruth Wogu of the European Sickle Cell Foundation spoke on the patient experience and particularly on how patients deal with pain. We were then delighted to launch our new educational resource on Haemoglobinopathies – a valuable addition to the nurses caring for these patients' toolbox.

After lunch we had a medical education event is organized and sponsored by Janssen-Cilag AG, a Johnson & Johnson company Enhancing Patient Outcomes: The Role of Nurses Practitioners in Managing Novel Immunotherapies for Multiple Myeloma.

The afternoon & final session started Katharina Bosshart & Sandra Schönfeld from NEVAM talking ton the relevance and value of vascular access societies and the 7 quality



indicators on relation to VADs. Dr. Astrid Ahler then spoke on sexuality delivering an overview of sexuality, body image and the impact of treatment on fertility and what can be done and training programmes for health care professions who do not feel equipped to start conversations., The final presentation of the meeting was on fear of relapse by Sonya Collier from Dublin delivering practical ways of managing this all too real fear in patients.

We thank all the attendees both in-person and online for their valuable contributions and it was great to meet and talk to so many of you. We would also like to thank all who assisted in the organisation and running of the meeting. We would like to thank all our sponsors - AstraZeneca, Sandoz, Intermedica Pharma, Vertex, GSK, Johnson & Johnson, Sobi, Menarini Stemline, Jazz Pharmaceuticals, Amgen, Roche, MSD, Neovii, Gilead Kite, AbbVie, Pfizer and B. Braun for their support.

For Additional Information

www.hemcare.org

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